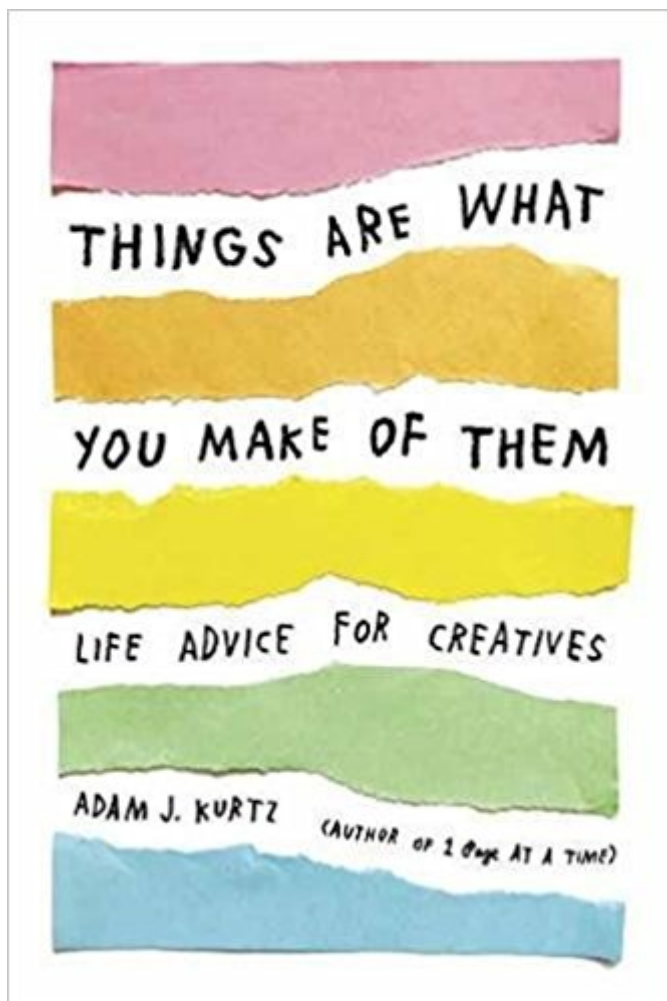


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# Things Are What You Make Of Them: Life Advice For Creatives



## Synopsis

Insights and inspiration for anyone who makes art (or anything else) From the creative mind and heart of designer Adam J. Kurtz comes this upbeat rallying cry for creators of all stripes. Expanding on a series of popular essays, this handwritten and heartfelt book shares wisdom and empathy from one working artist to others. Perforated tear-and-share pages make it easy to display the most crucial reminders or to pass a bit of advice on to someone who needs it. As wry and cheeky as it is empathic and empowering, this deceptively simple, vibrantly full-color book will be a touchstone for writers, artists, entrepreneurs, and anyone else who wants to be more creative--even when it would be easier to give up and act normal.

## Book Information

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## Customer Reviews

“This brilliant, life-affirming book is chock full of audacious advice to help creative people make sense of rejection, failure, false starts, fame, happiness and collaborations.”  
—Debbie Millman, host of Design Matters  
“All of Adam J. Kurtz’s words are filled with wit, warmth, wonder and wisdom.”  
—Alanis Morissette, artist/activist

Adam J. Kurtz is a designer, artist and author of [1 Page at a Time](#) and [Pick Me Up](#), which have been published in over a dozen languages each. His “very personal” work for clients like Strand Bookstore and Urban Outfitters has been featured in *NYLON*, *PRINT*, *VICE*, *BuzzFeed* and

more.

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